



# Y Kids Club

Powered by  
Canadian Tire Jumpstart

Y Kids Club is a **recreational before and after school program** that bridges the gap between a child's school day and parents' work day.

- Values-based programs focus on the overall well being of the child and relationship building.
- Staff led recreational games and sports encourage a healthy lifestyle.
- Cooperative group activities are taught using the CATCH Kids Physical Activity and Nutrition Education Program.

## Taggart Family Y

Before School      \$165/mo

After School      \$195/mo

Serving Corpus Christi, Lady Evelyn,  
Mutchmor, First Avenue and Elgin Street,  
Franco Jeunesse Schools

Financial Assistance Available

## Register Now!

For more information, please contact:

**Liz McGrath**

**Y Kids Club Program Coordinator**

[liz.mcgrath@ymcaywca.ca](mailto:liz.mcgrath@ymcaywca.ca)

613 237-1320, x 4049

[ymcaywca.ca](http://ymcaywca.ca)



**YMCA-YWCA of the  
National Capital Regio**